

PALLIATIVE CARE SUPPORT (please see your Nurse or GP for any further details)

If you have been diagnosed with a terminal condition you may be put on our palliative care register. This enables us to be more aware of your personal situation. We also share any important information with the community and out of hours teams to enable your care to run as smoothly as possible and hopefully help you to feel supported 24 hours a day, even when the surgery might be closed.

If you are not able to come in or make an appointment to see the doctor you will be able to get through to speak to a health professional on the phone who may be able to help you over the phone or arrange some further support for you. There are a few organisations which are specialised at providing care and support during a time which can be very challenging. They, along with your GP and other local health professionals, try to help to improve and maintain the quality of life as well as keep you comfortable when appropriate.

The **Macmillan team** is a resource with caring, supportive and education as well as fundraising areas. Please visit their website below for more details.

<http://www.macmillan.org.uk>.

The **Sue Ryder group** is another organisation that offer help during difficult times with health problems and can support both the patient, their family and friends.

www.sueryder.org

This website has lots of useful information on support and also hosts a large online community that many people find helpful. The hospice in Reading is call the 'Duchess of Kent' and they can also help in being a place for terminal care as well as some respite and optimization of management.

The **Mariecurie team** is another organisation that specializes in care for people who have been diagnosed with a terminal illness.

<https://www.mariecurie.org.uk>
08000902309

Counselling services may also be helpful such as Talking therapies and the bereavement charity Cruse.