

CARER SUPPORT (if you require any further information, please contact your nurse, GP or Kennet surgery website (www.kennetsurgery.co.uk))

Berkshire Carers, Berkshire carers Hub

Berkshire Carers Service supports unpaid carers throughout Berkshire.

They are an information, advice and support service. They can help with:

Information about benefits

Information about health and social care services

Emotional support

Finding services

Form filling

Meeting other carers

Planning a break

Working and caring.

All services are free to carers.

Telephone: 0800 988 5462/0118 324 7333 available 9am – 5pm Monday, to Friday

email: helpline@berkshirecarers.org or ask@berkshirecarershub.org

Crossroads Care Reading

Crossroads Care Reading provide support in the home to enable carers to have a break from their caring responsibilities.

Telephone: 0118 9454209 or 24 hours 0118 9454218

Website: www.readingcrossroads.org